

PE Curriculum Overview 2026-27

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Rec	Ball Skills/ Write Dance	Bikes	Dance/ Playground Games	Gymnastics/ Yoga and Movement	Athletics Swimming	Athletics/Bikes/ Climbing Apparatus
Y1	Fundamentals	Gymnastics	Dance/Fitness (Assault course)	Multi-Skills	Athletics (Run, jump, throw)	Attack Defend Shoot (Football/Netball)
	Send and Return (Throw and Catch)	Send and Return (Net games)	Target Games/ Dodgeball	Outdoor, adventurous activity	Swimming	Hit Catch Run (Rounders/cricket)
Y2	Fundamentals	Gymnastics	Dance/Fitness (Assault course)	Multi-Skills	Athletics (Run, jump, throw)	Attack Defend Shoot (Football/Netball)
	Send and Return (Throw and Catch)	Send and Return (Net games)	Target Games/ Dodgeball	Outdoor, adventurous activity	Swimming	Hit Catch Run (Rounders/cricket)
Y3/4	Invasion (Netball/Football)	Dodgeball	Invasion (Hockey)	Striking and fielding (Cricket)	Athletics (Long jump, 100m, 400m, howlers)	Striking and fielding (Rounders)
	Boccia/target games	Dance	Gymnastics	Outdoor, adventurous activity	Swimming	Net and Wall (Badminton/Tennis)